



In 2023, more than 4 in 10 (40%) of students felt persistently sad or hopeless. 2 in 10 (20%) students seriously considered attempting suicide and nearly 1 in 10 (9%) attempted suicide.

Youth Mental Health First Aid helps reduce stigma, teach signs and symptoms, and prepare first aiders to use a 5 step action plan to use in the event of a mental health crisis.

Tuesday, May 20
9 a.m.-3 p.m.
Northern Kentucky Health
Department



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251026025375146](https://form.jotform.com/251026025375146)



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