

To Whom It May Concern:

This letter is intended to be used by a person who tested positive for COVID-19. Please review the below information about when someone who has had COVID-19 is considered recovered and able to return to work or school and can be around others. A test is not needed to decide when they can be around others.

Someone who tested positive for COVID-19 can be around others after:

- It has been at least 10 days since their symptoms started (or since test date if no symptoms are present).
- 24 hours with no fever without the use of fever-reducing medications AND
- Other symptoms of COVID-19 experienced are improving\*

\*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

This isolation period should be 20 days if the individual had laboratory-confirmed or clinically suspected COVID-19 with severe or critical illness or if they are severely immunocompromised. The patient's provider is best able to provide documentation of severe illness or immunocompromised status if needed.

After returning to work, this individual will need to wear a surgical mask for 14 days or until all of their symptoms have completely resolved, whichever is longer.