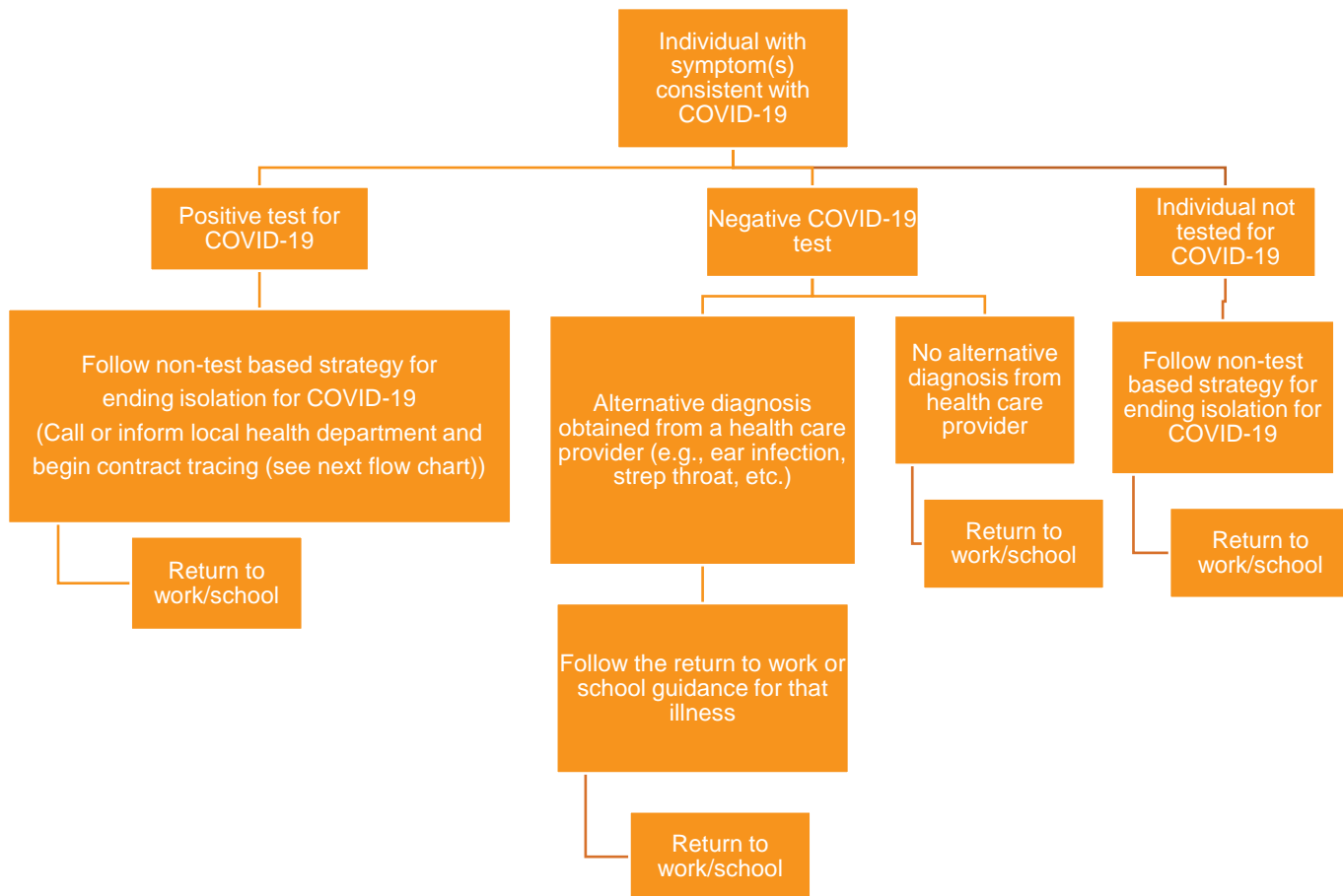




Decision Tree for COVID-19

Updated 7.28.21



Non-test based strategy for ending isolation for COVID-19:

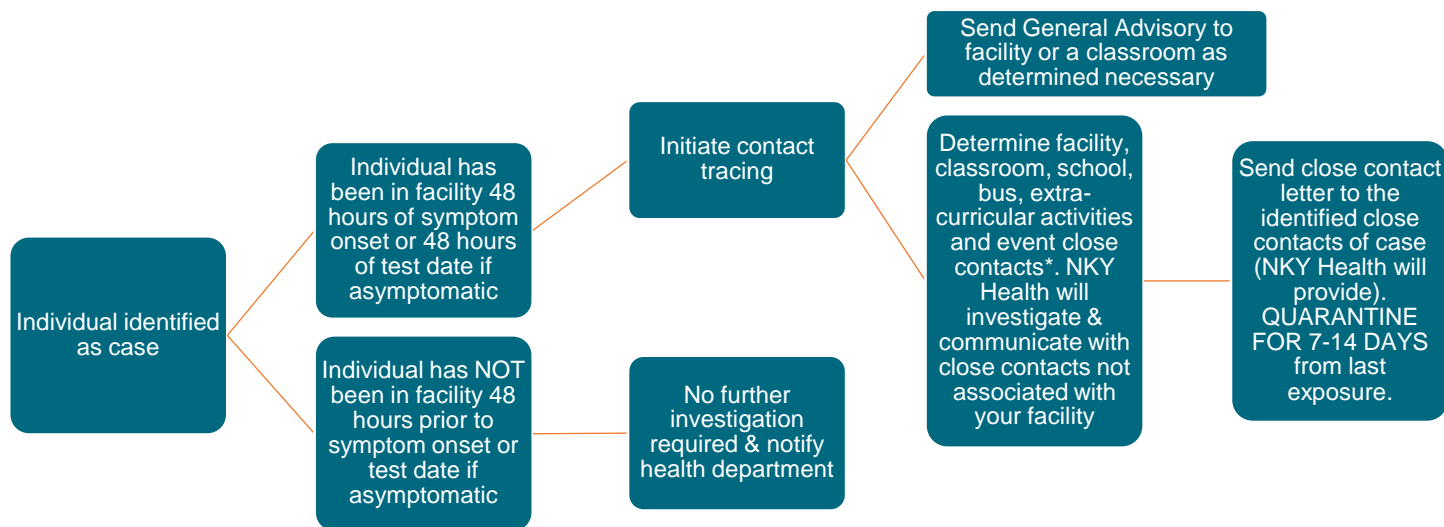
Individual should remain isolated until:

1. Fever-free for 24 hours without fever-reducing medication
AND
2. At least 10 days since the onset of any symptoms (Test date if asymptomatic & remains asymptomatic)
This will be 20 days if severely ill (i.e. hospitalized for COVID-19) or are immunocompromised
AND
3. Symptoms experienced are improving

At home tests not conducted during a medical provider visit(e-visit or physical visit): If the test is positive, the patient must isolate as outlined above. If the test is negative, patient should follow up with a medical provider and receive a PCR test to confirm result. If the patient is symptomatic and does not follow up with a medical provider they should follow the non-test based strategy for ending isolation for COVID-19 before returning to school/work.



Contact Tracing Process



Close contact definition - someone who has been within 6 feet of the individual for 15 minutes or more. *This definition may vary for schools. Please see latest KDE/KDPH guidance: kycovid19.ky.gov.

3 different ways to quarantine as long as the contact has NO symptoms:

Quarantine for 14 days; especially if you are going to be around people that are high-risk for the virus: elderly, people with comorbidities, immunocompromised (**Recommended**)

Quarantine for 10 days if you have NO symptoms

Quarantine for 7 days if you have a negative COVID-19 test on or after day 5 and have NO symptoms

If you end quarantine before the 14 day quarantine recommendation, you must socially distance yourself from others, wash hands or use sanitizer, wear a face mask and continue cleaning frequently touched surfaces. Regardless of how long you quarantine, you must carefully watch for any symptom that may develop for the 14 days after the exposure. If you develop symptoms at any time during the 14 days after exposure, you will need to immediately isolate and seek medical advice regarding next steps and testing.

Household contacts must quarantine while they are exposed to the case and for a 7-14 day period beyond their last exposure. If the contact can separate from the case within the home, then they are considered no longer exposed and the quarantine period begins the day separation occurs. Separation means the person who is positive must:

- have their own closed room or area in the home AND use a separate bathroom.
- never be in the same room as household members,
- not share plates, cups, dishes or phones with household members.

If the household contact cannot separate from the person who is positive within the home, the contact must quarantine for the entire isolation period of the person who is positive plus an additional 7-14 days.

If a household contact develops symptoms of COVID-19, they become a case. They should begin isolation as a person who is positive and consider getting tested.

Guidance for people who are vaccinated:

If you have been fully vaccinated and have an exposure to someone with suspected or confirmed COVID-19, you are not required to quarantine if you meet all of the following criteria:

- It has been 2 weeks or more since you were fully vaccinated (you received the 2nd dose in a 2-dose series or 1 dose of a single-dose vaccine)
- You have remained asymptomatic since the current COVID-19 exposure

If you do not meet all of the above criteria, you should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19. This guidance does **not** apply to vaccinated inpatients and residents in healthcare settings. These individuals should continue to quarantine following an exposure to someone with suspected or confirmed COVID-19.