

COVID-19 & VACCINE INFORMATION

What is COVID-19?

- It is a virus that easily spreads and causes flu-like symptoms. Sometimes it causes serious problems with breathing and the lungs.
- You can get COVID-19 from 2–14 days after being near someone with COVID-19. Signs that you might have it include: fever, cough, having a hard time breathing, muscle or body aches, headaches, tiredness, no taste or smell, sore throat, runny nose, nausea or vomiting, and diarrhea.

Why get the COVID-19 vaccine?

- It is recommended you get the COVID-19 vaccine as soon as you are able to.
- The vaccine helps your body to recognize and fight the virus if you come into contact with it. The vaccine is safe and helps you to not get seriously sick from COVID-19.

Is the vaccine safe?

- The vaccine is safe and effective.
- The FDA looks closely at all new vaccines to be sure they are safe and work. The agency makes sure no group is left out or harmed by the vaccine. No vaccine is released until it is tested.
- Millions of people in the United States have received the COVID-19 vaccine under the most intense safety monitoring in U.S. history.

How do you get the vaccine?

- To get the vaccine, you must make an appointment with someone who is giving it. You will not be able to get the vaccine if you walk up to a clinic or doctor's office.
- You don't need health insurance to get the vaccine. The vaccine is free.
- You must live in Kentucky or be a healthcare worker in Kentucky.

What should I do now?

Everyone will have a chance to get the vaccine. Until you are vaccinated, you should continue to fight the spread of the virus by:

- Wearing your mask
- Getting tested and staying home when you're sick
- Avoiding large gatherings
- Stay 6 feet away from others who don't live in your house

Learn more about the COVID-19 vaccine by visiting <https://nkyhealth.org/individual-or-family/health-alerts/coronavirus-covid-19-home/covid-19-vaccination/>

