WHAT IS SOCIAL DISTANCING?
6 feet distance from others and avoiding close contact

AVOID

- Social gatherings/events
- Sleepovers/play dates/visitors at your house
- Fitness centers
- Crowded retail stores
- Public transportation
- Traveling

USE CAUTION

- Grocery shopping
- Getting takeout
- Picking up medications
- Interacting with people 6+ feet away from you

SAFE TO DO

- Walk or hike at a safe distance from one another
- Clean the house & yard
- Go for a drive
- Video chat
- Watching shows, movies & reading