

WHAT IS SOCIAL DISTANCING?



6 feet distance from others and avoiding close contact

AVOID



Social gatherings/events



Sleepovers/play dates/visitors at your house



Fitness centers



Crowded retail stores



Public transportation



Traveling

USE CAUTION



Grocery shopping



Getting takeout



Picking up medications



Interacting with people 6 + feet away from you

SAFE TO DO



Walk or hike at a safe distance from one another



Clean the house & yard



Go for a drive



Video chat



Watching shows, movies & reading