

HOW TO MAKE A MASK



Supply List:

1 piece cotton fabric (any print for women and men) for the front panel measuring 9" x 6" for the front facing piece

2 pieces of cotton for the pocket for inserts in the back measuring 9" x 4"

1 piece of Cotton flannel as a layer in the middle measuring 9" x 6"

1/8" flat braided elastic, any elastic will work but 1/8" to 1/4" is ideal, cut the elastic 7" long for an adult

Directions:

1. Cut all pieces out
2. Put right sides of cotton and flannel fabric together
 - Flannel on the bottom
 - 9" x 6" cotton print facing up
3. Pin elastic on the corners top to bottom
4. Sew end of elastic to corner – few stitches forward and back will hold this
5. Lay 2 pieces for pocket on top of it, facing down with turned edges touching in the middle and sew around the whole thing
6. Turn the mask inside out via the pocket
7. Sew to next corner and sew in the other end of the same elastic
8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction. Sew around the edge of the mask twice
9. Sew around the edge of the mask twice. Be sure any fabric design is placed horizontally



Drop Off Location:

St. Elizabeth Hospice Grief Center

Monday – Friday, 8 a.m. to 4:30 p.m.

Located at 483 South Loop Drive; which is the building to the right of the Hospice Center, If you are not familiar with the South Loop drive and are driving from:

From Turkeyfoot Road: Turn onto Thomas Moore Parkway. After passing the 1A Main Entrance of the hospital, turn right at the next light which is South Loop Drive. Turn left at the 3rd driveway to enter the parking area of Hospice.

From Dudley Road: Turn onto Medical Village Drive. Turn right at the first stop sign which is South Loop Drive. Turn right at the 2nd drive to enter the parking area for Hospice.