

IMPROVING THE HEALTH OF NORTHERN KENTUCKY

January — June 2019 HIGHLIGHTS

The Northern Kentucky Community Health Improvement Plan is a five-year plan (2016-2020) created to address priority health issues and outcomes in Northern Kentucky. The plan describes how community partners will work together to improve the health of Northern Kentucky residents. These highlights describe some of the activities and achievements that have been accomplished.

For more information, go to <https://nkyhealth.org/health-plans/>

PRIORITY HEALTH ISSUE Healthy Behaviors

Over 1,100 vouchers for Nicotine Replacement Therapy were redeemed as a result of the BUILD grant partnership in Covington and Gallatin County. This means that over a thousand people took the first step towards quitting smoking.

PRIORITY HEALTH ISSUE Health Care Capacity, Access and Delivery

- The St. Elizabeth Cardiovascular Van provided over 2,600 heart screens, identifying potential heart disease at an earlier stage.
- The Northern Kentucky Chamber of Commerce, in partnership with St. Elizabeth, offered biometric screenings, hepatitis A vaccines and flu vaccines to over 1,500 businesses and 7,000 people.

PRIORITY HEALTH ISSUE Changes in Policies, Systems & the Environment

HB 11, the “Tobacco-free Schools” bill, passed the 2019 legislative session. Tobacco-free schools not only reduce youth tobacco use, but also reduce everyone’s exposure to second-hand smoke.

PRIORITY HEALTH OUTCOMES - Substance Use Disorders

The Northern Kentucky Office for Drug Control Policy developed in-house capabilities to staff the Northern Kentucky Addiction Helpline. This program answers questions and connects individuals with substance use disorders to treatment providers. Since the launch in March 2019, 78 callers have been assisted.

If you know anyone that needs help, call the Helpline at 859-415-9280.

