



Healthy *living with* Diabetes

Kentucky Department for Public Health

FREE Diabetes Education Classes

Join us to learn the latest information on managing diabetes, including healthy eating, developing an active lifestyle, taking medications and reducing health risks.

Tuesday, June 26, 2018

8:30AM to 5:30PM (includes *free* cooking demo/lunch)

Grant County Extension Service

105 Baton Rouge Rd, Williamstown, KY 41097

**For details and to register (required) , please call
Julie Shapero 859-363-2116
(registration is required)**

**Please bring a copy of your most recent A1C
and blood pressure values to class.**



Kentucky Public Health
Prevent. Promote. Protect.



NKYHEALTH
NORTHERN KENTUCKY HEALTH DEPARTMENT



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

DEAP
DIABETES EDUCATION
ACCREDITATION PROGRAM

AADE American Association
of Diabetes Educators

